



Lunch Boxes,

Each box are accompanied with a side and a dessert

Minimum order of similar boxes 6

SANDWICHES

With mayo, Dijon mustard, lettuce and tomatoes

Smoked salmon and dill	12
Mergez (spicy lamb sausage)	12
Tuna salad with hard boiled eggs	11
Goat cheese and avocado	11
Warm chicken breast	11
Tomatoes, mozzarella, basil	10
French ham with pickles	11
Smoked turkey and brie	12

SALAD

<i>Niçoise</i> Tuna, tomatoes, hard boiled eggs, potatoes, olives and anchovies	12
<i>Smoked trout</i> on greens, capers, goat cheese, mangoes lemon and palms hearts	13
<i>Warm chicken</i> with croutons, cheese and fresh tomatoes	12
<i>Steamed artichoke</i> on greens with blue cheese, prosciutto and asparagus	12
<i>Smoked salmon salade</i> with, capers, fresh tomatoes asparagus and lemon	12

Chèvre chaud warm goat cheese, croutons, walnuts, fresh tomatoes, palm hearts 11

Hermosa Diet grilled chicken, scrambled egg whites, tomatoes and asparagus 11

PANINI

Regular Ham and jack cheese. 11

L'Italian Melted mozzarella, basil and fresh tomatoes. 11

Chicken with melted brie, and fresh tomatoes. 11

Goat cheese with smoked turkey, onions, and bell peppers. 11

Omelet Panini Scrambled eggs with avocado, and bacon 11

QUICHES

Vegetable mushroom, spinach, potatoes 11

Lorraine Ham and Cheese 11

Saumon Salmon goat cheese and dill 12

CREPE

Végétarienne - Cheese, fresh spinach, tomatoes mushrooms and potatoes 11

Louissette – chicken, topped with melted jack cheese, spinach, and tomatoes 10.95 11

Normandie - Goat cheese, spinach, prosciutto, grilled onions and sour cream 12

Nordique-Smoked salmon, jack cheese, fresh tomatoes with a dill lemon sauce 12

SPECIALTY

Chicken Curry, Chicken breast in a yellow curry sauce 13

Chicken Dijon Chicken breast in a "Dijon mustard" sauce 13

Beef bourguignon Beef stew marinated in a red wine sauce 14

Veggie Lasagna 11

Beef Lasagna 12

Grilled Kalibut with sauce "beurre Blanc" and capers 15

Saumon en Croûte Salmon filet in puff pastry with raisin and "sauce aux herbes" 15

SIDE (choice of one)

Cesar salad

Baby greens with tomatoes and white vinaigrette

Ratatouille

Seasonal steamed vegetables

Purée Maraichaire (Mashed potatoes & carrots)

Traditional potato Gratin Dauphinois

Zucchini Gratin

DESSERT (choice of one)

Chocolate mouse,

Mango blueberry crème brûlée

Apple tarte tatin

Strawberry tart

Mixed fruit tart

INCLUDED

Disposable napkins and flatware

OPTIONS

Soda	1.50
Fresh Orange juice	2.25
Ice Tea	1.50
Fresh lemonade	2.00

DELIVERY

Charges made on location